

# George B. Crane Memorial Center

81 Linden Street, Pittsfield, MA 01201 | (413) 464-7066 | [www.theGBCMC.org](http://www.theGBCMC.org)

## GROUP MEETINGS KEY

- AA 12-Step Recovery Meetings
- NA 12-step Recovery Meetings
- Other Recovery Support

## Weekly Meetings Schedule – Updated 2/09/23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>	<p>7:00-8:00 AM Sober at Sunrise</p>
<p>12:00-1:00 PM Deeds Not Words (RM 1) All Recovery (Upstairs)</p>	<p>12:00-1:00 PM Deeds Not Words (RM 1) All Recovery (Upstairs)</p>	<p>12:00-1:00 PM Deeds Not Words (RM 1) All Recovery (Upstairs)</p>	<p>12:00-1:00 PM Deeds Not Words (RM 1) All Recovery (Upstairs)</p>	<p>12:00-1:00 PM Deeds Not Words (RM 1) All Recovery (Upstairs)</p>		
<p>1:00-2:15 PM  Art Class</p>	<p>1:15-2:15 PM  Yoga Class</p>					
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<p>5:30-6:30 PM Linden St. Meditation</p>		<p>6:00-7:00 PM Berkshire Group (RM 1)</p>				
		<p>7:30-8:30 PM Step by Step (RM 2)</p>	<p>7:30-8:30 PM Living Clean</p>	<p>7:00-8:00 PM T.G.I.F.</p>	<p>7:00-8:00 PM Central Berkshire Group</p>	<p>4:00-5:30 PM Plug in the Jug</p>