

George B. Crane Memorial Center

81 Linden Street, Pittsfield, MA 01201 | (413) 464-7066 | www.theGBCMC.org

Group Meetings Schedule – Updated 2/09/23

AA 12-Step Recovery Meetings

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| ▪ Sober at Sunrise | Daily | 7:00 - 8:00 am |
| ▪ Berkshire Group | Wednesdays | 6:00 - 7:00 pm |
| ▪ Central Berkshire Group | Saturdays | 7:00 - 8:00 pm |
| ▪ Plug in the Jug | Sundays | 4:00 - 5:30 pm |

NA 12-Step Recovery Meetings

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| ▪ Deeds Not Words | Mon-Fri | 12:00 - 1:00 pm |
| ▪ Step by Step | Wednesdays | 7:30 - 8:30 pm |
| ▪ Living Clean | Thursdays | 7:30 - 8:30 pm |
| ▪ T.G.I.F. | Fridays | 7:00 - 8:00 pm |

Other Recovery Support

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| ▪ All Recovery (<i>upstairs</i>) | Mon-Fri | 12:00 - 1:00 pm |
|  Art Class | Mondays | 1:00 - 2:15 pm |
| ▪ Linden St. Meditation | Mondays | 5:30 - 6:30 pm |
|  Yoga Class | Tuesdays | 1:15 - 2:15 pm |