



# George B. Crane Memorial Center

## Group Listing / Meetings Schedule – Winter 2018

### Alcohol Recovery Meetings

- Sober at Sunrise .....Daily..... 7:00-8:00 am
- Sober Now BLT's .....Mon-Sat.... 12:00-1:00 pm
- Berkshire Group.....Wed ..... 6:00-7:00 pm
- Buddhism and 12 Steps.....Fri..... 5:30-6:30 pm
- Central Berkshire .....Sat ..... 7:30-8:30 pm
- A New Way of Life .....Sun ..... 1:30-2:30 pm

### Substance Recovery Meetings

- Step By Step.....Wed ..... 7:30-8:30 pm
- Living Clean.....Thu..... 7:30-8:30 pm
- T.G.I.F.....Fri..... 7:00-8:30 pm
- Spirituality On Sunday .....Sun ..... 11:00-12:00 pm

### Other Recovery Support Programs

- Linden St. Meditation .....Mon ..... 5:30-6:30 pm
- Refuge Recovery .....Tue ..... 5:30-7:00 pm  
Sat ..... 4:30-6:00 pm
- United We Stand (Heart 2 Heart).....Thu..... 5:30-6:30 pm
- Heart of Addiction.....Sun ..... 6:00-7:30 pm

### Committees, Coalitions, Conventions *(held once a month)*

- Berkshire Co. Convention (Substance) .....2nd Wed..... 6:00-7:00 pm
- Camp Out Committee (Substance) .....1st Sun..... 1:30-2:30 pm